

AHEC Veterans Mental Health Project

Agenda

1-hour Presentation

Program description

The U.S. military has been deployed to combat in Iraq or Afghanistan for over 15 years. Everyone deployed returns with adjustment issues to some degree, and about half choose to seek care in the civilian community. However, the civilian community generally knows very little about the military lifestyle and the issues facing returning service members and their families. This training will enable healthcare professionals to apply their current clinical skills to provide culturally appropriate treatment to service members and their families.

Learning objectives:

- Discuss the extent of behavioral health issues in service members returning from combat
- Explain the importance of knowing about military culture
- Discuss the common behavioral health issues seen in service members
- List the reasons for asking patients about their military service or the military service of close family members

Title of Training

AHEC Veterans Mental Health Project: (add local AHEC title)

Agenda

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| 5 minutes | Beginning of Program <ul style="list-style-type: none">• Presentation of the flag• National anthem |
| 10 minutes | Introduction <ul style="list-style-type: none">• Welcome• Scope of the Issue |
| 15 minutes | Military Culture |
| 25 minutes | Behavioral Health Issues <ul style="list-style-type: none">• Identify Service Members/Families |
| 5 minutes | Evaluation |