

# AHEC Veterans Mental Health Project

## Agenda

4-hour Presentation

### Program description

The U.S. military has been deployed to combat in Iraq or Afghanistan for over 15 years. Everyone deployed returns with adjustment issues to some degree, and about half choose to seek care in the civilian community. However, the civilian community generally knows very little about the military lifestyle and the issues facing returning service members and their families. This training will enable healthcare professionals to apply their current clinical skills to provide culturally appropriate treatment to service members and their families.

### Learning Objectives:

- Explain the importance of knowing about military culture
- Discuss the common behavioral health issues seen in service members
- List the reasons for asking patients/clients about military service in their family.
- Arrange for referrals to Department of Veterans Affairs
- Illustrate how to become a TRICARE provider
- Begin discussion of possible local community activities

### Title of Training

*AHEC Veterans Mental Health Project: (add local AHEC title)*

### Agenda

15 minutes	Beginning of Program <ul style="list-style-type: none"><li>• Presentation of the Flag<ul style="list-style-type: none"><li>▪ National Anthem</li></ul></li></ul>
15 minutes	Introduction <ul style="list-style-type: none"><li>• Welcome</li><li>• Scope of the Issue</li></ul>
30 minutes	Military Culture
60 minutes	Behavioral Health Issues <ul style="list-style-type: none"><li>• Identify Service Members/Families</li><li>• Public Health Model</li></ul>
15 minutes	Break
15 minutes	Overview of the Veterans Administration (VA)
25 minutes	Overview of TRICARE Military Health Insurance
15 minutes	Call to Action
55 minutes	Boots on the Ground
10 minutes	Evaluation